

Jesus answered, "I am the WAY and the TRUTH and the LIFE. No one comes to the Father except through me. If you really knew me, you would know my Father as well. From now on you do know Him and have seen Him."

John 14:6-7



## Faith in the Storm

Surviving IGA Nephropathy  
by Tony Her

where we do Bible Study, encourage one another in our walk with God, and search for God's purpose in our lives as married couple.

In March 2008, I was diagnosed with kidney failure. The cause was IGA Nephropathy. IGA nephropathy is a kidney disorder that occurs when a protein that helps the body fight infections settles in the kidneys. In the early stages, IGA nephropathy has no symptoms at all. This disease can be silent for years, even decades. The first sign of IGA nephropathy is blood in the urine. Symptoms of kidney failure include swelling in the hands and feet, nausea, fatigue, headaches, and sleep problems. By the time these symptoms occur, total kidney failure is near. Total kidney failure means the kidney damage is permanent.

At the time of the diagnosis I was only 26 years old. I did not fully understand what kidney failure all entails. At first I was a bit depressed. I even questioned God why me and why so young. I quickly learned that people with kidney failure will need dialysis or a kidney transplant and will be on medications for the rest of their lives. If fortunate, one may receive a kidney, but that kidney does not last for more than 10-15 years. After that period, one must go back on the waiting list for another kidney. While waiting, one must be put back on dialysis treatment. This

process continues for the rest of the individual's life.

During such time as this, people who do not have Christ as their personal savior, they will get wash under when life's storms come their way. I have known and witnessed many people with IGA that goes into depression. They allowed the disease to swallow them up instead. But I know that God has a great plan for me. I know that He has made me for so much more than just to ponder upon my illness.

A year ago I came across a book called [The Spiritual Man](#) written by Watchman Nee, a Chinese Christian author. Something that really stood out to me in this book was how Nee wrote about how critical it is to allow the Holy Spirit to influence our reactions.

He wrote: *"One quality which characterizes a spiritual person is the great calm he maintains under every circumstance. Whatever may happen around him or however much he may be provoked, he accepts it all calmly and exhibits an unmovable nature. He is one who is able to regulate his every feeling, because his emotion has been yielded to the cross and his will and spirit are permeated with the power of the Holy Spirit. No extreme provocation has the strength to unsettle him. But if one has not accepted the dealing of the cross upon his emotion, then he will be easily influenced, stimulated, disturbed, and even governed by the external world. He will*

My name is Tony Her. I am the youngest of four sons. I have three sisters. My parents are Wang Xeng and Mao Her. My family came to the United States in 1980 and resided in Michigan. A year after I was born, we moved to Wisconsin. I was 13 years old when my family moved back to Detroit. We became members of the Warren Hmong Alliance Church shortly after that. The church have helped and encouraged me to grow in my walk with God.

Growing up in a Christian family, I have never really reflected upon the presence of God in my life. When my father passed away, though a it was a tough time for me, I realized there was a sense of peace in my inner being. God had provided friends and families to help me through the darkest time. In 1998, I committed my life to Christ and accept Him as my personal Savior. I looked for ways to grow in my faith, my walk with Christ, and how I can serve the Lord faithfully. He pointed my direction to serve as leadership roles in the Youth Ministry. When I got married in 2002 my wife and I continued to serve the Lord by helping the church in the Youth Department as Youth Workers. We also joined a small group of young couples

### Regular Schedule

Hmong Service Sunday

9:00 AM

English Service Sunday

11:30 PM

Youth 4 PM every Sunday

Mid wk Svc - Wed

6:30 PM

AW - 1st week Sunday

1PM

Board meeting

1st wk Sunday 2 PM

### Highlights:

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" Rejoice in the Lord always. I will say it again." vs.4

The Lord is near. Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God." vs.6

Philippians 4:4,6

undergo constant change, for emotion shifts often. The slightest threat from outside or the smallest increase genuinely desires to be perfect must let the cross cut deeper into his emotion." (P. 429)

Through my trials, my faith in God has not been shaken. I can testify that it is not me who settle my own emotions, but the Holy Spirit. Jesus stated in John 10:10 "The thief's purpose is to steal and kill and destroy. My purpose is to give them a rich and satisfying life." NLT

Though I may live with a chronic disease, I can live life abundantly in Christ because at the end of the day I know that God has a purpose for me.



Mr. & Mrs. Tony Her

\*\*\*\*\* New Members 2010\*\*\*\*\*

We welcome our new members to the body of Christ and to be part of the Warren Hmong Alliance Church.

Then the Lord said to Moses, "when you take a census of the Israelites to count them, each one must pay the LORD a ransom for his life at the time he is counted." Exodus 30:11-12a

Jesus Christ's death was the ransom for our life. "The death of Jesus was a unique, one of a kind, once for all death that ransomed mankind from sin and satisfied the righteousness of God and made it possible for man to once again have a personal relationship with God." AllAboutJesusChrist.org

Hebrews 10:10 "And by that will, we have been made holy through the sacrifice of the body of Jesus Christ once for all."

- |                         |                  |
|-------------------------|------------------|
| Enny Chang              | Ger Her (Casey)  |
| Courtney Chang          | Kevin Her        |
| Ellen Chang             | Sean Moua        |
| Mr. & Mrs. Chai Her     | Grayland Bembrly |
| Mr. & Mrs. Va Kong Vang | Shela Vang       |
| Evelyn Kazous Vang      | Mailinda Kue     |
| Cassidy Kajai Vang      | Brandan Kue      |
| Darrien Nujai Vang      | James Xiong      |
| Mr. & Mrs. Doua Her     | Jake Xiong       |
| Fue Her                 | Kiana Xiong      |
| Jason Her               | Brightmorn Yang  |
| Brandon Her             | Jasmine Chang    |
| Andy Her                | John Hang        |
| Ay Lee                  | Taylor R. Kue    |
| Mayche V. Kue (N. Ose ) | Tyler L. Kue     |
| Jessica Yang (N.Winner) | Tria Vang        |
| Zoua V. Yang            |                  |

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We, the Newsletter Ministry Team, would like to say "Thank You" to our sponsors. Over the year you have helped and supported us with your prayers, your word of encouragement and your donations. With your support we were able to send out 250 newsletters monthly to the Hmong Community in the Metro Detroit area. We pray that God will do the impossible that through this newsletter, someone will have a burning heart to search for the truth Word of God and a passion to know Christ. May God bless your business and your family abundantly according to His riches and glory.

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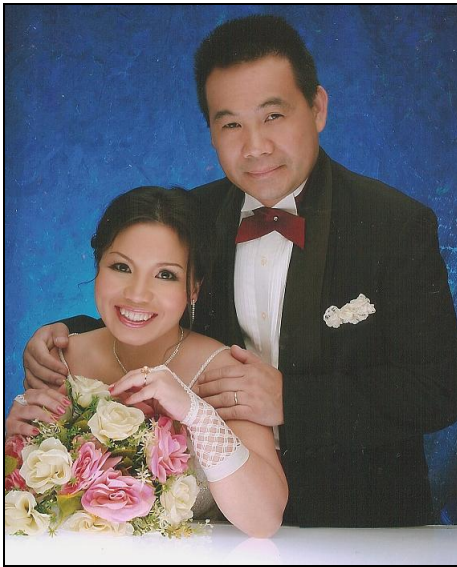
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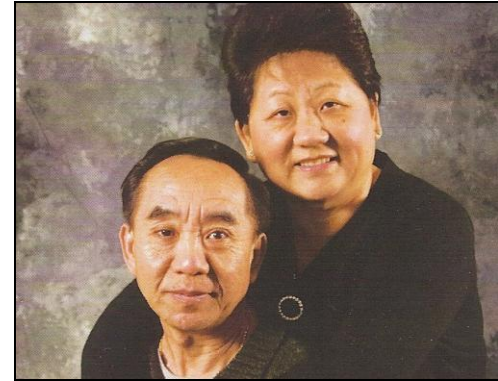
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Mr. & Mrs. Nao Pheng Kwm



*Mr. and Mrs. Jonathan Soua Yang  
11 Years*



*Mr. & Mrs. Jsue Hawj, 1 Year*



*Mr. & Mrs. Thong Chai Kue, 34 Years*



*Mr. & Mrs. Chong Chang Yang  
18 Years*

*"Love is patient, love is kind. it does not envy, it does not boast, it is not proud. It is not rude, it is not self-seeking, it is not easily angered, it keeps no record of wrongs. Love does not delight in evil but rejoices with the truth."*

*1 Corinthians 13: 4-6*



*Mr. & Mrs. Jeng (Nixoo Jeev) Vang  
10 Years*



*Mr. & Mrs. Doua Her, 14 Years*



*Mr. & Mrs. Nao Ying Yang, 50 Years*



*Mr. & Mrs. Nha Veng (Stephen) Kue,  
15 Years*

# What is Breast Cancer

The Cancer Treatment of American states that the most common type of breast cancer begins in the lining of the ducts (thin tubes that connect the nipples to the other parts of the breast) and is called ductal carcinoma. Another type, called lobular carcinoma, arises in the lobules (small sections of the breast, which contain the bulbs that produce milk). When breast cancer spreads outside the breast, cancer cells are often found in the lymph nodes under the arm (axillary lymph nodes). If the cancer has reached these nodes, it may mean that cancer cells have spread to other parts of the body - other lymph nodes and other organs, such as the bones, liver, or lungs - via the lymphatic system or the bloodstream.

Breast Cancer is not known or formularized to the Hmong Community. It is still a seclusion topic that is not talked about or discussed within the Hmong American women (HAW). The topic is sensitive and often too shy to converse with other HAW. This is the time to spread the words because according to the National Cancer Institute (NCI), "one out of every eight women in the U.S. will have breast cancer during her lifetime, with the highest percentage of women being diagnosed between ages 40 and 50." It is time to bring awareness to the Hmong American women, to encourage yearly mammogram since it is

critical to detect early to increase the survival rate. Regular self breast exams every month, and mammograms every one to two years after age 40 will help early detection.

October was breast awareness month. A few of us ladies joined the "Walk to find cure for Breast Cancer" at Belle Isle on October 9, 2010. The five mile walk didn't seem too long. It was an amazing experience to walk among many supporters, moms, dads, brothers, sisters, friends, church support groups, young and old; and those whom may have a mom, a sister, or a friend or know of someone who is in recession or a survivor of the disease. You're not only helping with the fundraising to aid in the research but you are walking to your own health; and your action let them know that you care.

This would have been a morning many people would say "I rather sleep in, or why should I get up at 5am to support something I don't believe in, or it's a waste of my time" but to the five of us it was a morning full of accomplishment, encouragement and uplifting. As we walked that beautiful sunny morning, we prayed that every step we took God will intercede and heal another lovely lady out there who is battling breast cancer and that she would celebrate another birthday.



Mrs. Steven (Xaiv Ntaaj) Chang, Mrs. Nha Ger Kue, Mrs. Shong Chinh Kue, and Mrs. Joua Kao Kue



Anne Yang  
Mrs. Va Meng Yang  
Lydia Yang

